



WHO CC for Research and Training in Mental Health Trieste - Azienda Sanitaria Universitaria Integrata di Trieste

FRANCA AND FRANCO BASAGLIA INTERNATIONAL SCHOOL - THE PRACTICE OF FREEDOM

The right [and opportunity] to have a [whole] life

INTERNATIONAL SCHOOL & CONFERENCE

**Trieste,
15-18 November 2017**

Best practices for empowerment, self determination,
community resilience, wellbeing and human rights
www.triestementalhealth.org

The Franca and Franco Basaglia International School "The practice of freedom" is realized by the WHO Collaborating Centre for Research and Training – Mental Health Department of Trieste, with the support of Region Friuli-Venezia Giulia, in collaboration with Universities and National and International Research and Training Institutes. It aims at teaching, transmit and updating the thinking and practice founded on the centrality of the person as citizen with full rights, such as Franca and Franco Basaglia lesson and the Trieste experience, and more generally a critical approach to psychiatry as far as fighting against institutionalization and medicalization is concerned, promoting an integrated concept of care based on the community, that excludes the use of oppression and restraint methods. Therefore it intends to diffuse all practices and experiences inspired to those principles, based on same values, and acknowledged as useful to innovation in the mental health domain. It aims at constructing adequate and internationally recognized curricula, through theoretical and practical learning based on knowledge and study of services and practices, interacting effectively with local settings. It privileges young staff and all those who are engaged in the process of change. It teaches and documents innovations in areas such as alternatives about crisis care, comprehensive CMHCs, early intervention, social enterprises, rehabilitation and social inclusion, of recovery oriented practices and coproduction.

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Trieste, (15) 16 -18 November 2017

First announcement

This is an open interactive meeting with an exchange of new thinking, creative ideas and innovative practices. It includes:

- Study visits to services and programmes (involving Trieste and the Region Friuli Venezia Giulia) – On 15th November.
- Short courses and masterclasses on innovative practices
- Working groups, expert meetings

Topics:

- Epidemiology of Rights
- The issue of migrants and ethnic minorities
- Bioethics
- The UNCPRD compliant services
- The biomedical paradigm or the asylum paradigm?
- How to avoid coercion and restraint?
- No more Mh laws?
- Rights or development?
- Global Mh and human rights

Main issues:

Alternatives to coercion in care
 Open door
 No restraint practices
 Coproduction
 Promoting legal capacity
 Deinstitutionalization
 Citizenship and recovery
 Co-production
 Promoting legal capacity
 Deinstitutionalization

Rights-based and person-centered services
 Personal Budgets and personalized plans
 Social determinants of mental health and human development
 Providing Mh care in living environments
 Negotiation
 Integrated psychosocial interventions: home, work, social relationships
 The issue of medication
 Social cooperation and development

Draft programme

November 15th

Study visit to the Regional Mental Health Services - Only few places available

	<i>Morning</i>	<i>Afternoon</i>	
November 16th	Welcome Plenary Sessions ➤ Innovative Services, Good practices, special programmes and community development ➤ Social determinants of mental health ➤ Whole Person, Whole Life-Whole Systems Approach ➤ New innovative practices	Session 1	Session 2
		Human Rights <i>Presentations and workshops</i>	Empowerment <i>Presentations and workshops</i>
		Session 3	Session 4
		Self Determination & Self Management <i>Presentations and workshops</i>	Community Resilience <i>Presentations and workshops</i>
November 17th	Plenary Sessions ➤ Innovative Services, Good practices, special programmes and community development ➤ Social determinants of mental health ➤ Whole Person, Whole Life-Whole Systems Approach ➤ New innovative practices	Session 5	Session 6
		Human Rights <i>Masterclasses</i>	Empowerment <i>Masterclasses</i>
		Session 7	Session 8
		Self Determination & Self Management <i>Masterclasses</i>	Community Resilience <i>Masterclasses</i>
November 18th	Declaration on policies, legislation and practices for Human Rights and Social Inclusion.		

Information, instructions and updates are available at on the website:

www.triestementalhealth.org