

JOURNEES INTERNATIONALES DU CCOMS - 29 & 30 MARS 2018 - LILLE



“Citoyenneté et empowerment en santé mentale : innovations participatives en France et à l'international”



WHOCC INTERNATIONAL MEETING - 29 and 30 MARCH 2018 - LILLE, FRANCE

« Active citizenship and empowerment in community mental health - Participative innovations in France and abroad »

(English/French - simultaneous translation is provided)

DRAFT PROGRAM

Updated on 19/12/17

29 MARCH: CITIZENSHIP AND EMPOWERMENT THROUGH SERVICES ORGANIZATION, RESEARCH AND TRAINING

09:00

- Opening and welcome

09:15

- **Plenary session: New challenges for citizens in the mental health system - International perspectives**

Empowerment, a voluntary process of gaining power over one's own life, promotes the construction and the realization of a life project, a path to recovery and to citizen involvement. What are the new challenges related to the recognition of experiential knowledge and the exchange between professionals, users and citizens on mental health and well-being? What are the impacts on the organisation of mental health services, on research and on training? What are the new tools co-constructed or created by users and citizens? International overviews of a “work in progress”.

10:45 – 11:00 Coffee-break

11:00

- Workshops based on the results of the WHOCC call for communications:
 - **The organization of mental health care and community integration services**
Which organization of mental health services better promotes involvement of its actors and takes into account wishes of users, carers and citizens? Beyond regulatory representation structures, which place can be given to users, carers and citizens in the mental health system? How to get them involved? How to take into account their opinion in the work of care and insertion teams? How to guarantee users and carers rights in health and social care structures?

12:30 – 13:30 Lunch

13:30

- Workshops based on the results of the WHOCC call for communications:
- **The place of experiential knowledge in professionals, users and carers education: which role for co-construction?**
Whether in initial or professional training, in the health or social field, what are the initiatives aimed at improving qualifications, facilitating access to fundamental rights or empowering people with a mental disorder or recovered? Which role can be given to users' expertise in mental health professionals' education? Which role can carers and civil servants have in this process?
- **Participatory research in mental health: dream or reality?**
Research is a powerful vector of change in practices. What are the innovative research projects that let users and carers express their point of view on subjects that concern them directly? How are they listened and involved? Examples of co-constructed research. Place of participatory-action research. Operational results.

15:00 - 15:15 Coffee-break

15:15

- Feedback from the workshops and discussion in plenum

16:00

- Panel discussion: Challenges for citizens in the mental health system - a conceptual revolution?

17:00 Wrap-up and closure

30 MARCH: EMPOWERMENT AND CITIZENSHIP THROUGH E-MENTAL HEALTH

09:00

- Opening and welcome
- **E-mental health: interest for the user and politico-economic stakes, does it match or not?**

09:45

- Plenary session:
- **E-mental health: what do users and health professionals think about it?** Results of the WHOCC research EQUIME (qualitative study of stakeholder's expectations, needs and uses about e- mental health)
- **Using digital technology to highlight forces and progress of an individual in his own community:** the "Baromètre" project

10:45 - 11:00 Coffee-break

11:00

- Presentations submitted in the frame of the WHOCC call for communications

12:30 - 13:30 Lunch

13:30

- Two parallel sessions

Presentations submitted in the frame of the WHOCC call for communications

Participative workshops (15 participants X 2 workshops) **"E-health for dummies: co-construction of a e-mental health tool"**
How and under which conditions e-mental health can promote users' empowerment? Which traps should be avoided? Which should be the quality criteria to be considered?

15:15 - 15:30 Coffee-break

15:30

- Feedback from the workshops and discussion in plenum

16:00 Wrap-up and closure of the international meeting

With a performance of Valérie Cordy

16:30 Cocktail & networking - Musical performance on e-tools

In partnership with:

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[Registration: follow the link...](#)

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Place of the event:

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